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Amigos Offers Free Health Fair to Help Families Stay Healthy in the New Year

(LUBBOCK, Texas) – As part of the company’s commitment to helping guests make healthy living a part of their everyday lives, [Amigos](#) will host its semi-annual [health fair](#) at four stores in the Lubbock and Amarillo areas this Saturday, Jan. 9. For the seventh consecutive year, all activities are open to the public and free of charge.

Pharmacy representatives will be on hand to provide guests with blood pressure and glucose screenings and dietitians will be available for body mass index (BMI) calculations and healthy weight education.

WHAT: Amigos Health Fair

WHEN: Saturday, Jan. 9
11 a.m. to 3 p.m.

WHERE: Amigos – Amarillo, 3300 I-40 East, Amarillo, TX 79103
Amigos – Lubbock, 112 N. University, Lubbock, TX 79415
Amigos – Hereford, 520 N. 25-Mile Ave., Hereford, TX 79045
Amigos – Plainview, 2403 N. Columbia Ave., Plainview, TX 79072

WHO: Pharmacy Professionals and Registered Dietitians

MEDIA: For photo/filming opportunities and interviews, please contact:
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About Amigos®

[Amigos®](#) is a grocery store that provides a unique blend of traditional and cultural favorites for Hispanic shoppers, as well as any guest who loves authentic Mexican flavors and unbeatable values. Stores can be found in four communities in Texas: Amarillo, Hereford, Lubbock and Plainview. Amigos is operated by [The United Family®](#), a Texas-based grocery chain that has 67 stores in West Texas, Dallas-Fort Worth and New Mexico under five unique brands: [United Supermarkets](#), [Market Street](#), Amigos, [Albertsons Market](#) and United Express. The United Family is a wholly-owned subsidiary of Albertson’s LLC. For more information, please visit www.amigosunited.com.

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