



# Granny's Turkey & Brie Sandwich



Where service *and savings* matter.

**SERVINGS:** 4

**INGREDIENTS:**

**NUTRITIONALS**

Nutritional analysis per serving: calories 340, calories from fat 110, total fat 12g, saturated fat 6g, cholesterol 50mg, sodium 1180mg, total carbohydrate 39g, dietary fiber 5g, sugars 14g, protein 23g, vitamin A 4%, vitamin C 4%, calcium 10%, iron 15%

- 8 slices good 'n grainy bread (bakery)
- 8 oz turkey
- 4 oz brie cheese
- 1 granny smith apple, sliced
- 4 tsp Woeber's cranberry honey mustard

**DIRECTIONS:**

1. Spread 1 Tsp mustard on a slice of good 'n grainy bread. Add 2 oz turkey, 1 oz brie, and ¼ granny smith apple. Top with another slice of bread.
2. Repeat 3 more times.
3. Toast assembled sandwiches on both sides until bread is lightly browned and cheese is softened. Use a toaster oven, broiler, skillet or grill to toast bread.

Source: Alicia Brown, Health & Wellness Marketing Manager

visit [unitedtexas.com](http://unitedtexas.com) for more recipe ideas

## ★ Granny's Turkey & Brie Sandwich ★

# Shopping List

**PRODUCE:**

- 1 Granny smith apple

**MEAT/POULTRY/SEAFOOD:**

- 8 oz. turkey

**DAIRY:**

- 4 oz. brie cheese

**WHOLE GRAINS/ BREADS/PASTA:**

- 1 Loaf good 'n grainy bread (bakery)

**GROCERY/FROZEN/ MISCELLANEOUS:**

- Woeber's cranberry honey mustard