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FOR IMMEDIATE RELEASE – Feb. 2, 2012

New Wellness Manager Joins Health-Wellness Team at United Supermarkets

(LUBBOCK, TEXAS) . Jennifer Gorman, MS, RD, LD, has joined the Health and Wellness Department team at United Supermarkets as Wellness Manager, according to Robin Hawkins, MS, RD, LD, business director of health and wellness.

Gorman will oversee the wellness program for the company's more than 10,000 team members.

She also will work with a cross-functional team from within the company and external sources to help plan, develop, coordinate and implement initiatives for team members as well as store guests.

The addition of Jennifer to our team gives us four registered dietitians on staff and is a significant step in our process of developing an integrated health and wellness program for both our team members and guests, Hawkins said.

Gorman comes to United from Lubbock's Covenant Health System, where she served as an outpatient dietitian for the past three years. A native of Clyde, Texas, she worked for United's Judge Ely Blvd. location in Abilene while in high school.

Gorman holds a Master of Science degree in nutritional sciences from Texas Tech University, as well as Weight Management certification from the American Dietetic Association and Master Fitness Specialist certification from the Cooper Institute. She is a member of the Academy of Nutrition and Dietetics, Texas Dietetic Association and the Lubbock Coalition for Better Nutrition.

About United Supermarkets

Now in its 96th year of operation, United Supermarkets, LLC, is a Texas-based, family-owned grocery chain with stores in 30 markets across north and west Texas. A self-distributing company with its headquarters in Lubbock and distribution centers in Lubbock and Roanoke, United currently operates 51 stores under four distinct formats: [United Supermarkets](#), [Market Street](#), [Amigos United](#) and United Express.

Tweet it: @UnitedWestTexas hires 4th RD, Jennifer Gorman, as Wellness Manager.

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