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FOR IMMEDIATE RELEASE – October 1, 2013

United Supermarkets, Covenant Health and Junior League to Host “Kids in the Kitchen”

(LUBBOCK, Texas) – On Sunday, Oct. 6, the **United Supermarkets location on 50th and Ave. Q** and the **Amigos location on N. University** will host “Kids in the Kitchen,” a nationally recognized health education program that empowers youth to make healthy lifestyle choices. United, Covenant Health and Junior League of Lubbock will provide fun, family-oriented solutions to healthy living, encouraging kids to be active participants in their own health.

WHAT: “Kids in the Kitchen” is a hands-on event where kids will view and participate in food demonstrations on healthy eating.

WHEN: Sunday, Oct. 6, 2013
2 - 4 p.m.

WHERE: United Supermarkets
1701 50th Street
Lubbock, TX 79412
(Click [here](#) for map)

Amigos
112 N. University
Lubbock, TX 79415
(Click [here](#) for map)

MEDIA: Visuals will include food demonstrations, and children viewing and participating in demonstrations.

For photo/filming opportunities and interviews with United Supermarkets representatives, please contact:

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About United Supermarkets, LLC

Now in its 97th year of operation, United Supermarkets, LLC, is a Texas-based grocery chain with stores in 30 markets across north and west Texas. A self-distributing company with its headquarters in Lubbock and distribution centers in Lubbock and Roanoke, United currently operates 57 stores under four unique brands: [United Supermarkets](#), [Market Street](#), [Amigos](#) and United Express, along with subsidiary operations R.C. Taylor Distributing, Praters and Llano Logistics. For more information, please visit: www.unitedtexas.com.

Tweet it: @UnitedWestTexas, @jllubbock & @covhs are teaming up to teach kids healthier lifestyles through “Kids in the Kitchen” in Lubbock on 10/6!

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